

27%

identified themselves as someone who was culturally or linguistically diverse

12.6%

were born in a non-English speaking country or spoke a language other than English at home

14.3%

met both criteria

73.4%

faced pressures in their important relationship in the past six months

Top pressures:



Unfulfilled expectations
16.3%



Study or work commitments
28.8%



Money problems
23%

45.4%

manage relationship issues on their own

37%

would consult friends or family when facing challenges in their relationships

Migrating here from a foreign country, [I] had some adjustment issues & meeting & being with my current partner helped me a lot to cope up with these adjustment issues

- Woman, 35-44 years

21.6%

said they often
feel lonely

22.8%

were **emotionally**
lonely*

*Emotional loneliness is the lack of a significant person with whom you have an attachment to

33.9%

were **socially** lonely**

**Social loneliness is the lack of a larger support network

94%

said they felt loved

63.8%

said their **family**
group played an
important role in
their life

67%

said their **friends**
group played an
important role in
their life

I am distant from my family. All family members are overseas and I am not particularly close to them. Friends have become a substitute for family

– Man, 65-74 years

We are a cross cultural relationship (country anglo and person of colour) we have very different experiences of the world, different expectations of what is acceptable with regards to social justice or even when one of us sees something as prejudice and the other sees it as normal. Our strategy has been to just keep talking about it, life long learning

– Woman, 35-44 years