

Relationship Indicators 2024

Persons with disabilities



1.4mil

Australians (6.8%) identified as living with a disability

34.5%

of persons with a disability said they felt **very lonely**

↑ increased from 30% in 2022

33.5% were emotionally lonely (lack of a significant person with whom you have an attachment to) 29% were socially lonely (lack of a larger support network - a decrease from 2022)

82.3%

of people with a disability say they felt **loved**

↓ a decrease from 88% in 2022

People with a disability were less likely to say they felt loved than the population average (92%)

40.4%

had long-term physical health condition/s



15.3% were carers



18.3% were aged 65 years and older



18.3% were in single or couple families with children under 15 years of age

Disability, living with disability, my mum needing so much more care since dad died.

- Female, 45-54 years

44.3%

reported long-term mental health condition/s

42.6%

said their most important relationship was with **their partner**

36.2%

said their most important relationship was with a **family member**

19.1%

said their most important relationship was with a **friend**

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47.5%

said **friendship** groups played an important role in their life

42.1%

said **family** played an important role in their life

25.7%

said **colleagues** played an important role in their life

83.7%

faced pressures in their relationships in the past 6 months

↑ increased from 71% in 2022

Top pressures:



47.8%
Mental health



36.9%
Cost of living



24.6%
Different values/
beliefs

57.4%

manage relationship issues on their own

↑ an increase from 45.2 in 2022

39.9%

would consult friends when facing **challenges** in their relationships (26.6% would consult family)

25.6%

said online group/s played an important part in their life

I speak with my old ex neighbour who is 90 yrs old very calming & wise.

– Female, 55-64 years

